



## St. Johns Village Project

### Mentor Training Program

Themes: Communicating across difference, developmental mentoring, parenting, teen parenting

Integrating experience  
Mentoring a young mom (a year-long commitment)

#### Prereqs:

- Admission to program
- Background check
- Age 25+
- Raising a child or grandchild 5 or under

Developmental Mentoring  
1, 2, 3

Poverty 101  
3, 4

Active Listening  
1

Cross-Cultural Communication  
2, 4

Human Development - Early Childhood  
4

Human Development - Adolescence  
2, 3

Issues in Teen Parenting  
3, 4

Capstone:  
Portfolio and portfolio presentation

Mom & Tots Playgroup for Adult & Teen Moms  
4

#### Roles:

- Friend
- Coach
- Role model

#### Outcomes:

1. As a friend, listen to young moms to create a safe environment for them to develop.
2. As a friend, build rapport with young moms to strengthen their self-esteem, self-confidence and self-discipline.
3. As a coach, motivate young moms to identify and achieve goals.
4. As a role model, model and discuss effective, diverse parenting techniques.